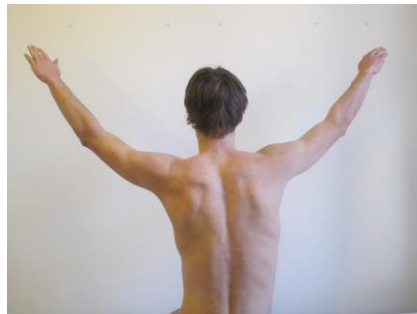
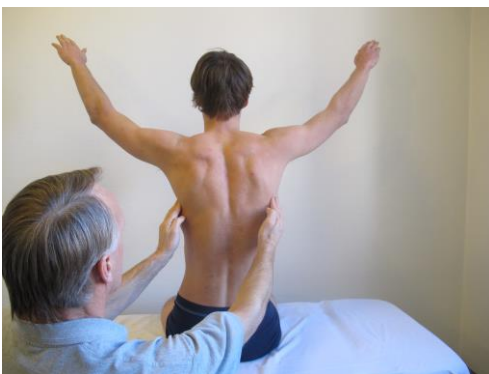


SKULDER UNDERSØGELSE

Bevægetest

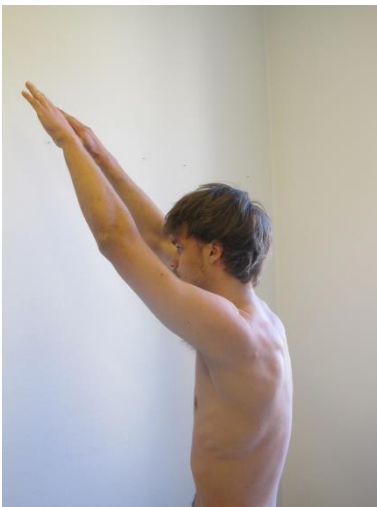


Scapulær bevægelse og stabilitet





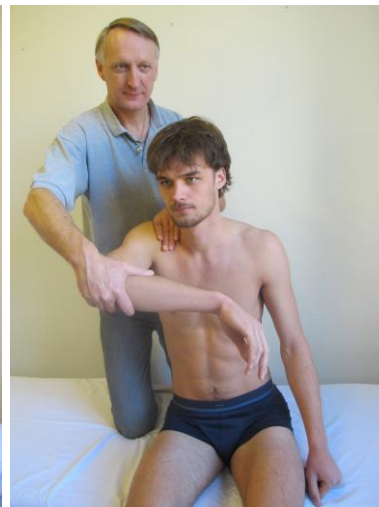
Impingement test
Smertebue



Neer



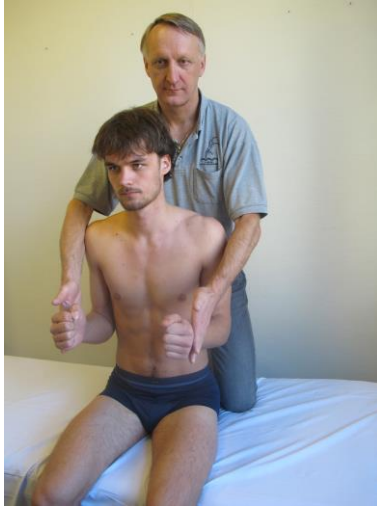
Hawkins



Empty can



Udadrotation



AC leds dysfunktion

Palpation, mobilisation, cross over



Labrum test (O'Briens test)



Skulderinstabilitet

A-p løshed



Sulcustegn



Apprehension



Relocation



Muskel funktionstest

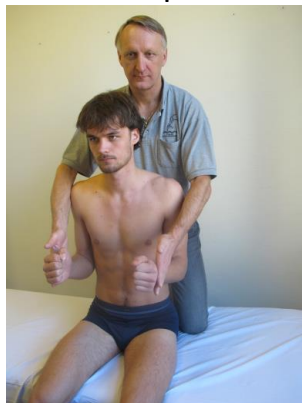
Biceps



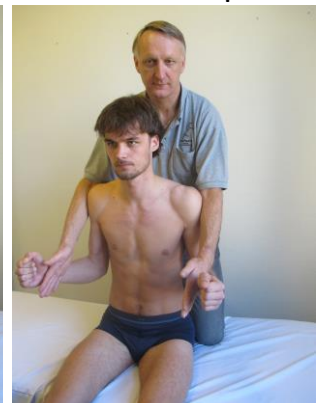
Supraspinatus



Infraspinatus



Subscapularis

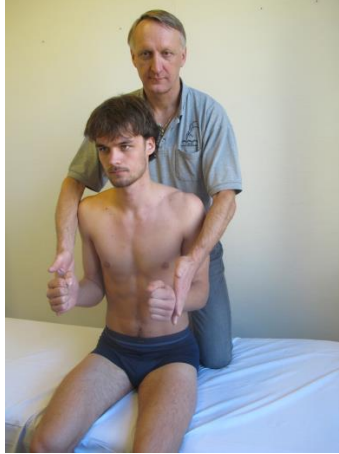


Rotatorcuff ruptur test

Supraspinatus



Infraspinatus

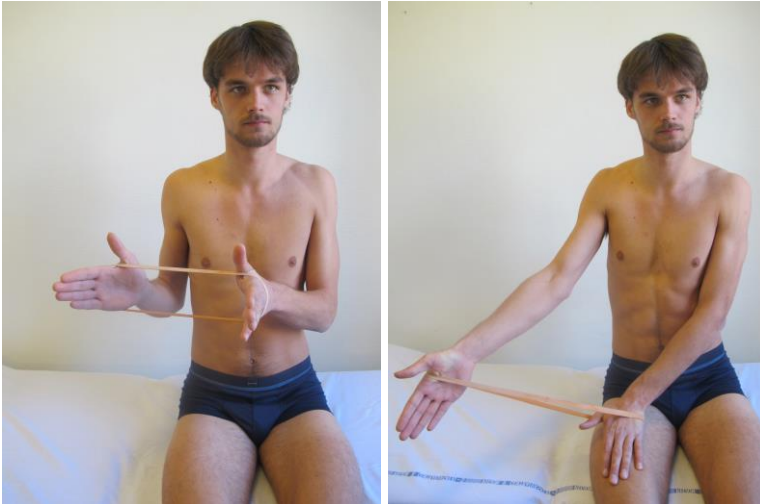


Subscapularis



SKULDER BEHANDLING

Træning af styrke, balance, koordination er vigtig



Akupunktur punkter omkring skulderen



Steroid injektioner

Subacromielt



Intraartikulært



AC led



Biceps

